

3/13/2024

Parasite Protocol

For research and educational purposes only

Disclaimer

I am not a medical professional and cannot predict or guarantee results. The data provided is for informational purposes and should not be mistaken as medical advice. The approach is broad spectrum to target most types of parasites. The presented information is compiled from various research. If you choose to try any of the listed ingredients, be sure to check for interactions with existing medications and seek medical advice from a professional.

Assumptions: Anyone considering this approach will read all 10 pages of this document numerous times and view content in the Resources section.

Ingredients

- Fenbendazole (Cattle/Goat Safeguard-Liquid 100mg/1mL) (FNBN) with high fatty food
 - o Effective dosing for fenbendazole is 30-50mg/kg of body weight in humans. Cattle receives 5mg/kg and canine dosing is 50-100mg/kg. The variation is due to the length of the intestinal tract. A shorter intestinal tract means that fenbendazole will be processed throughout the body much quicker, requiring a higher dosing to achieve effectiveness. The protocol is set for 50mg/kg, but effective dosing for primates is 30-50mg/kg.
- Ivermectin (Equine Bimectin-Paste) (IVM) on empty stomach
 - o Ivermectin dosing is generally 0.2mg/kg. There are cases where a higher dose may be required, but this document will focus on 0.2mg/kg. If taking a paste form of Ivermectin, the tube has body weight markers. Following those markers will deliver 0.2mg/kg.
- Oxfendazole (Cattle/Goat Synanthic-Liquid 22.5%) (OXF) with high fatty food
- Moxidectin (Equine Quest-Paste) (MOX) on empty stomach
 - o Moxidectin dosing is 0.5mg/kg. The Quest Gel is set up to deliver 0.4mg/kg if following the weight markers. An addition of 25% will need to be added to the weight on the tube to achieve 0.5mg/kg dosing. Moxidectin has a half-life of 23.3 days.
- MesoSilver (AGNP) – taken 30 min before dinner or late at night 1 hour after food orally, rectally, or nebulizer
 - o Avoid AG2+ based (ionic) colloidal silver products, especially if taking doxycycline. Mesosilver is AGNP (inert). For simplicity, calendar calls for Mesosilver or doxycycline each day (see Notes #7 & 8)
- Psyllium Husk Fiber- late at night 1 hour after food (PF)
- Mineral Oil – late at night 1 hour after food (MinO) (may be substituted with coconut or olive oil)
- Zeolite Clinoptilolite (ZE) – binder/detoxifier taken on cleansing days (do not mix with metal)
- Doxycycline (DOXY) (optional) 2x daily for 14 days – repeat for 3 months, then discontinue (if stomach is sensitive to DOXY, Mesosilver may be used instead)

Vitamins/Supplements

Elemental Zinc – up to 17-25 mg 2x/day
Vitamin C – up to 1000 mg/day per 25 lbs
Vitamin D – up to 1000 iu/day per 10 lbs
Multivitamin (with L-METHYLFOLATE instead of FOLIC ACID) - daily
Saccharomyces Boulardii – daily
Probiotics – 5 billion CFU, minimum of 11 strains – daily
NAC (N-acetylcysteine) – daily (optional)

* Note: If fighting cancer, a multivitamin, vitamin C (high dose), and zinc have shown to be very effective when paired with fenbendazole and oxfendazole (see Resources section)

Other Useful Supplements

Astaxanthin – 12-24 mg/day 5 days a week (higher doses may help with cancer)
Zeolite Clinoptilolite – 1 tsp on cleansing days
Iosol Formula II (iodine) – 1 drop 3x a day

Vendors (Search for Best Price)

Valley Vet - <https://www.valleyvet.com>
Jeffers Pet - <https://www.jefferspet.com>
Revival - <https://www.revivalanimal.com>
Animal Health International - <https://www.animalhealthinternational.com>
Apex Energetics - <https://www.apexenergetics.com>
Purest Colloids - <https://www.purestcolloids.com>
OTC Providers (allow 3-4 weeks for delivery due to overseas shipping)
Pharmacy Delivers – <https://pharmacydelivers.com> (coupon PP5)
All Day Chemist – <https://alldaychemist.com>

Protocol Info

Protocol A – general purpose monthly protocol – if Herxheimer Reactions are severe, reduce dosage or discontinue until the reactions have stopped (if oxfendazole or moxidectin can't be found due to limited supply, first two weeks may be repeated to complete the month)

Protocol B –monthly protocol based on Fenbendazole, Ivermectin, and doxycycline only, taken for a longer period to deal with difficult/persistent infections (ie. cancer); repeat as needed before moving back to Protocol A or moving on to Protocol C

Protocol C – this is a monthly protocol designed for maintenance, no sooner than after 6 months when parasites are no longer detected in the stool

Anti-Viral Protocol – this is a 2-month protocol to clear out viral infections (ie. Epstein Barr Virus)

Lyme Protocol – this is a 2-month protocol to clear out Lyme symptoms

Sample Approach: Protocol A for the first month. Half dosing may help to determine tolerance. Upon completion of Protocol A, roll right into Protocol B for 2 months. This will cover the first 3 months. Then repeat Protocol A for the next 3 months. Finally, start Protocol C at month #7 if parasites are no longer detected in stool.

Ingredient Information

Acronym	Ingredient	Price	Qty	URL	Dosing	110 lbs	220 lbs
FNBN	Safeguard Liquid Fenbendazole	~\$170.00	1 L	Valley Vet, Jeffers Pet, Revival, Animal Health International	50 mg/kg	25 mL	50 mL
IVM	1.87% Ivermectin	~\$10.00	6.08 G	Valley Vet, Jeffers Pet, Revival, Animal Health International	0.2 mg/kg	10 mg	20 mg
OXF	Synanthic Oxfendazole 22.5%	~\$170.00	500 mL	Valley Vet, Jeffers Pet, Revival, Animal Health International	20 mg/kg	4.4 mL	8.8 mL
MOX	Quest Moxidectin	~\$16.00	14.4 G	Valley Vet, Jeffers Pet, Revival, Animal Health International	0.5 mg/kg	25 mg	50 mg
AGNP	Mesosilver	\$52.87	500 mL	https://www.purestcolloids.com/mesosilver.php	30 mL		
DOXY	Fishbiotics Doxycycline	\$0.30	1 pill	Price if ordered from India supplier	100 mg 2x/day		
ZE	Zeolite Clinoptilolite	~\$40.00	1 lb	Web search - Heiltropfen	1 Tsp		
MinO	Mineral Oil			Web search	3 Tsp		
PF	Psyllium Husk Fiber			Web search	2 TBSP		

Protocol A - Monthly Calendar

1 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	2 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	3 - Full/New Moon DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	4 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	5 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	6 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	7 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)
8 DOXY 100mg (AM) *AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) DOXY 100mg (PM)	9 DOXY 100mg (AM) IVM 0.2mg/kg *AGNP 30mL DOXY 100mg (PM)	10 DOXY 100mg (AM) IVM 0.2mg/kg *AGNP 30mL DOXY 100mg (PM)	11 DOXY 100mg (AM) IVM 0.2mg/kg *AGNP 30mL DOXY 100mg (PM)	12 DOXY 100mg (AM) IVM 0.2mg/kg *AGNP 30mL DOXY 100mg (PM)	13 DOXY 100mg (AM) IVM 0.2mg/kg *AGNP 30mL DOXY 100mg (PM)	14 DOXY 100mg (AM) IVM 0.2mg/kg *AGNP 30mL DOXY 100mg (PM)
15 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	16 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	17 OXF 20mg/kg AGNP 30mL	18 - New/Full Moon OXF 20mg/kg AGNP 30mL	19 OXF 20mg/kg AGNP 30mL	20 AGNP 30mL 2 TBSP PF 3 Tsp MinO 1 Tsp ZE	21 AGNP 30mL 2 TBSP PF 3 Tsp MinO 1 Tsp ZE
22 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	23 MOX 0.5mg/kg AGNP 30mL	24 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	25 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	26 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	27 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	28 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE
29 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	30 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	*note: on days 1-14, take either DOXY or AGNP, but not both.				

Protocol B – Monthly Calendar

1 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	2 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	3 - Full/New Moon DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	4 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	5 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	6 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	7 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)
8 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	9 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	10 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	11 DOXY 100mg (AM) *AGNP 30mLb DOXY 100mg (PM) FNBN 50mg/kg (PM)	12 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	13 DOXY 100mg (AM) *AGNP 30mL DOXY 100mg (PM) FNBN 50mg/kg (PM)	14 DOXY 100mg (AM) *AGNP 30mLb DOXY 100mg (PM) FNBN 50mg/kg (PM)
15 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	16 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	17 IVM 0.2mg/kg AGNP 30mL	18 - New/Full Moon IVM 0.2mg/kg AGNP 30mL	19 IVM 0.2mg/kg AGNP 30mL	20 IVM 0.2mg/kg AGNP 30mL	21 IVM 0.2mg/kg AGNP 30mL
22 IVM 0.2mg/kg AGNP 30mL	23 IVM 0.2mg/kg AGNP 30mL	24 IVM 0.2mg/kg AGNP 30mL	25 IVM 0.2mg/kg AGNP 30mL	26 IVM 0.2mg/kg AGNP 30mL	27 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	28 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE
29 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	30 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	*note: on days 1-14, take either DOXY or AGNP, but not both.				

Protocol C – Monthly Calendar

1 AGNP 30mL OXF 20mg/kg	2 AGNP 30mL OXF 20mg/kg	3 - Full/New Moon AGNP 30mL OXF 20mg/kg	4 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	5 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	6 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	7 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE
8 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	9 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	10 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	11 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	12 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	13 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	14 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE
15 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	16 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	17 AGNP 30mL MOX 0.5mg/kg	18 - New/Full Moon AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	19 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	20 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	21 AGNP 30mL 2 TBSP PF (PM)) 1 Tsp ZE
22 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	23 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	24 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	25 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	26 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	27 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE	28 AGNP 30mL 2 TBSP PF (PM) 3 Tsp MinO (PM) 1 Tsp ZE
29 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE	30 AGNP 30mL 2 TBSP PF (PM) 1 Tsp ZE					

Anti-Viral Protocol (2 Months)

Month 1						
1 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	2 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	3 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	4 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	5 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	6 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	7 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)
8 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	9 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	10 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	11 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	12 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	13 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	14 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)
15 DOXY 100mg Note: 1 dose of DOXY/day (low dose)	16 DOXY 100mg FNBN 50mg/kg	17 DOXY 100mg FNBN 50mg/kg	18 DOXY 100mg FNBN 50mg/kg	19 DOXY 100mg FNBN 50mg/kg	20 DOXY 100mg FNBN 50mg/kg	21 DOXY 100mg IVM 0.2mg/kg
22 DOXY 100mg IVM 0.2mg/kg	23 DOXY 100mg IVM 0.2mg/kg	24 DOXY 100mg IVM 0.2mg/kg	25 DOXY 100mg IVM 0.2mg/kg	26 DOXY 100mg IVM 0.2mg/kg	27 DOXY 100mg IVM 0.2mg/kg	28 DOXY 100mg IVM 0.2mg/kg
29 DOXY 100mg IVM 0.2mg/kg	30 DOXY 100mg IVM 0.2mg/kg	*note: low dose DOXY is continued for the remainder of the month, no emphasis placed on full/new moon dates				

Month 2						
1 DOXY 100mg MOX 0.5mg/kg	2 DOXY 100mg	3 DOXY 100mg	4 DOXY 100mg	5 DOXY 100mg	6 DOXY 100mg	7 DOXY 100mg
8 DOXY 100mg	9 DOXY 100mg	10 DOXY 100mg	11 DOXY 100mg	12 DOXY 100mg	13 DOXY 100mg	14 DOXY 100mg
15 Note: discontinue DOXY	16 FNBN 50mg/kg	17 FNBN 50mg/kg	18 FNBN 50mg/kg	19 FNBN 50mg/kg	20 FNBN 50mg/kg	21 IVM 0.2mg/kg
22 IVM 0.2mg/kg	23 IVM 0.2mg/kg	24 IVM 0.2mg/kg	25 IVM 0.2mg/kg	26 IVM 0.2mg/kg	27 IVM 0.2mg/kg	28 IVM 0.2mg/kg
29 IVM 0.2mg/kg	30 MOX 0.5mg/kg COMPLETE	*note: NOTHING FOR 14 DAYS AFTER COMPLETION OF MONTH 2, low dose DOXY ends on day 15, FNBN use is 30mg/kg during Month 2				

Lyme Protocol (2 Months)

Month 1						
1 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	2 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	3 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	4 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	5 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	6 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	7 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)
8 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	9 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	10 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	11 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	12 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	13 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	14 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)
15 DOXY 100mg (AM) FNBN 50mg/kg DOXY 100mg (PM)	16 DOXY 100mg (AM) FNBN 50mg/kg DOXY 100mg (PM)	17 DOXY 100mg (AM) FNBN 50mg/kg DOXY 100mg (PM)	18 DOXY 100mg (AM) FNBN 50mg/kg DOXY 100mg (PM)	19 DOXY 100mg (AM) FNBN 50mg/kg DOXY 100mg (PM)	20 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	21 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)
22 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	23 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	24 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	25 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	26 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	27 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	28 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)
29 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	30 DOXY 100mg (AM) IVM 0.2mg/kg DOXY 100mg (PM)	*note: Repeat if necessary with or without DOXY during Month 2				

Month 2						
1 DOXY 100mg IVM 0.2mg/kg	2 DOXY 100mg IVM 0.2mg/kg	3 DOXY 100mg IVM 0.2mg/kg	4 DOXY 100mg IVM 0.2mg/kg	5 DOXY 100mg IVM 0.2mg/kg	6 DOXY 100mg IVM 0.2mg/kg	7 DOXY 100mg IVM 0.2mg/kg
8 DOXY 100mg IVM 0.2mg/kg	9 DOXY 100mg IVM 0.2mg/kg	10 DOXY 100mg IVM 0.2mg/kg	11 DOXY 100mg IVM 0.2mg/kg	12 DOXY 100mg IVM 0.2mg/kg	13 DOXY 100mg IVM 0.2mg/kg	14 DOXY 100mg IVM 0.2mg/kg
15 DOXY 100mg FNBN 50mg/kg	16 DOXY 100mg FNBN 50mg/kg	17 DOXY 100mg FNBN 50mg/kg	18 DOXY 100mg FNBN 50mg/kg	19 DOXY 100mg FNBN 50mg/kg	20 DOXY 100mg IVM 0.2mg/kg	21 DOXY 100mg IVM 0.2mg/kg
22 DOXY 100mg IVM 0.2mg/kg	23 DOXY 100mg IVM 0.2mg/kg	24 DOXY 100mg IVM 0.2mg/kg	25 DOXY 100mg IVM 0.2mg/kg	26 DOXY 100mg IVM 0.2mg/kg	27 DOXY 100mg IVM 0.2mg/kg	28 DOXY 100mg IVM 0.2mg/kg
29 DOXY 100mg IVM 0.2mg/kg	30 DOXY 100mg IVM 0.2mg/kg COMPLETE	*note: low dose DOXY during Month 2, if still having issues after Month 2 email Info@floridasharkman.org				

Symptoms

Symptoms of parasitic infections may vary from person to person. While we do not know for sure, try to approach this with the idea that pathogens may be the root cause of most of the ailments encountered during our lifetimes. Parasites, fungus, and bacteria are common pathogens. Here is an incomplete list of symptoms that may be caused by parasitic infections:

Abdominal pain/cramps	Fatigue/lethargy
Acid reflux	Fibromyalgia
Acne	Forgetfulness
Allergy related symptoms (runny nose, dry cough, red eyes, dermatitis, etc.)	Frequent urination (especially at night)
Anxiety	Hair loss
Athlete's foot	Heart disease
Autoimmune disorders	Hemorrhoids
Bad breath	High blood pressure
Bloating/gas especially after eating	IBS/IBD
Blood in stool	Joint pain
Body odor	Mood swings
Breathing problems	Muscle cramps
Bubbly gut, more than usual	Nervousness
Cancer – various types	Night sweats
Chest pain	Numbness in hands or feet
Chronic infections	Pancreatitis
Chronic UTIs	Restless leg syndrome
Constipation	Ringworm
Crohn's disease	Seizures
Cysts	Skin rashes
Depression	Stinging or burning sensation in intestines
Diabetes	Teeth grinding
Diarrhea	Ulcerative colitis
Difficulty concentrating	Ulcers
Difficulty sleeping	Unexplained weight loss or gain
Distended belly	Vertical ridges on fingernails – lack of nutrient uptake
Dizziness	Vitamin deficiencies – even if taking supplements
Eczema	Waking up in the middle of the night for a bowel movement

If you have a symptom that is not included, conduct a web search for your symptom and parasites. Chances are, you'll find a correlation.

Herxheimer Reactions

As parasites die off, they may release bacteria and toxins within the body which is referred to as a Herxheimer Reaction. The Herxheimer Reaction is an immune system reaction to the toxins (endotoxins) that are released when large amounts of pathogens are being killed off, and the body does not eliminate the toxins quickly enough. As the body detoxifies, it is not uncommon to experience flu-like symptoms including fever, headache, joint and muscle pain, body aches, sore throat, general malaise, sweating, chills, nausea, vertigo, light-headedness, or other symptoms. Rashes may occur as well.

If the symptoms are extreme, try backing off the protocol or switching to a half dose and resume once symptoms clear up. Being able to handle these toxins with antioxidants and super green food chelators minimizes damage done. Expect to have some type of Herxheimer Reaction. Benadryl and Epsom salt baths may significantly reduce Herxheimer reactions. Opening detox pathways via exercise, body brushing, or lymphatic massage may also help reduce Herxheimer reactions.

Notes

1. Start day for protocol is set 2 days BEFORE Full Moon OR New Moon to target parasitic activity.
2. **Avoid alcohol** while on the protocol. No alcohol should be consumed within 48 hours of taking Ivermectin or Moxidectin due to impact on the liver. Products containing acetaminophen can also lead to liver injury.
3. Products containing Praziquantel are not recommended in this approach due to specific dosing requirements of Praziquantel. Oxfendazole and fenbendazole target most tapeworms and flukes.
4. Effectiveness of some of the available supplements such as MMS/CD, wormwood, black seed oil, and black walnut hull is unknown. They may or may not be effective at killing parasites. The debate is, there are so many vendors in the supplements market and little to no regulation. How pure are the products? What is the effective dosing to kill parasites? There are many reports of people taking these products claiming that it feels like their parasites scatter throughout their body. The goal is to paralyze, starve, and kill them, not force them into hiding. Since effectiveness of these alternative supplements is not established, they are avoided during the early stages of the protocol. The active ingredients (fenbendazole, oxfendazole, ivermectin, moxidectin) are highly regulated and tested.
5. It is not necessary to rapidly switch to a no/low carb diet; instead, consider a gradual approach. Parasites feed off sugar. The medication is most effective when parasites are aggregated in the gut/intestines trying to feed. Starving parasites may force them into hibernation. Diet is ultimately important and cutting out processed/refined sugars may yield many benefits. Natural sugars found in fruits, vegetables may contain adequate sugar for parasites to continue feeding and supply the body with vitamins, minerals, and antioxidants.
6. Vitamin C is a crucial ingredient with doxycycline for cancer treatment. Multi-vitamins are also very important with fenbendazole or oxfendazole to treat cancer. Zinc is a crucial ingredient for fighting viral infections. The ingredients in this protocol have shown in medical research to eliminate many cancers from leukemia to breast to stomach.
7. If taking MesoSilver orally, take 30 minutes before dinner or 1 hour after food, let sit under tongue for 60 seconds for maximum absorption, and swallow. Mesosilver is not the same as ionized silver.

Mesosilver is inert. Ionized silver breaks down immediately because silver ions are converted into silver chloride. Don't just take any colloidal silver and think you'll get the same results.

8. Doxycycline is an optional product that may be taken with the protocol and is included in the regimen. If doxycycline can't be obtained, know that Mesosilver fights bacteria in addition to targeting fungus and single cell parasites. The protocol is designed in a way to take either doxycycline or Mesosilver each day. There is evidence that taking both doxycycline and Mesosilver on the same days may be beneficial; take each at different times. Ionized silver products can decrease the effectiveness of doxycycline, so only use Mesosilver under this scenario.
9. The use of probiotics and *Saccharomyces Boulardii* can help regulate bacteria in the stomach and prevent yeast overgrowth that can be caused from taking antibiotics and/or Mesosilver. If dealing with gut issues, *Saccharomyces Boulardii* and probiotics may be critical to restoring proper balance.
10. Mineral oil may not be well tolerated and can be substituted with other oils such as coconut oil and olive oil.
11. The listed medications and associated URLs are not endorsements. Price and availability may vary.
12. The protocol calls for specific medications on specific days to account for the fact that parasites can develop resistance to medications. If you complete multiple cycles starting on the full moon and notice it becoming less effective over time, try switching to a new moon cycle. Rotating products helps avoid parasitic resistance, which can occur from both long-term use and underdosing.
13. This is a "repeat until all symptoms are gone, and no fecal worms/eggs present for 3 consecutive months" approach. Monthly Doses of moxidectin can be taken prophylactically to prevent repeat infections. A one-month protocol may be completed 1-2x per year afterward for most effective results.
14. Fenbendazole and oxfendazole are most effective with fatty meals for absorption purposes.
15. Pregnant, breastfeeding women, and children should not take any anti-parasitic medications without consulting a medical professional.
16. This approach is one element to cleansing the body as the common invaders are often parasitic, fungal, bacterial, and viral. Other issues may have to be addressed such as proper diet, exercise, fungal overgrowth, and cleansing of vital organs.
17. Astaxanthin is a powerful antioxidant with inflammatory properties and gives shellfish their pink pigment. There are studies showing it to be 6000 more potent than vitamin C, 800 times more powerful than CoQ10, and 550 times stronger than Vitamin E.
18. Zeolite Clinoptilolite replaced Diatomaceous Earth as it seems to be a better binder and detoxifier. It is known to bind to metals such as lead and mercury. Zeolite can produce die off symptoms. If the die off symptoms are severe, it is the only ingredient where it is recommended to increase the dose to minimize the Herxheimer reaction.
19. Iodine was added as a supplementary dose to help address iodine deficiency. Higher doses (>50mg/day) can be taken to combat cancer and detox certain heavy metals. If looking to achieve a higher dose, build up slowly and pair with Selenium. Salt loading with Celtic Sea Salt (1/8 tsp with 16oz water a few times daily) may help flush the heavy metals.
20. MTHFR genetic mutations are on the rise and this may be due to folic acid in our diets. Foods with "enriched" on the label have folic acid added. Folic acid is a synthetic form of folate that isn't well absorbed. In fact, it occupies the folate receptors so that when natural folate is ingested, the folate receptors ignore because they're still trying to process the folic acid. MTHFR mutations can lead to a

wide range of illnesses. To fight this, consider eliminating folic acid from your diet and vitamin intake and replace with products containing L-methylfolate.

21. Florida Sharkman was a major contributor to this research but we have not communicated in a while. He deserves a special thanks for his effort and his research is maintained at <http://floridasharkman.org>. It'll always be a valuable tool and there are numerous testimonials from those who have found success.
22. Lastly, this document will continue to evolve over time. Regimens may be altered to target specific parasites once they have been identified. Remember, every health crisis is unique to your body. You are the final decision maker in your treatment. The approaches listed here may help to disrupt your illness. Keep in mind, it took years for disease to disrupt your life. It may take years to unwind the damage. Look to incorporate small healthy lifestyle changes as you move along in your journey and listen to your body.

Resources

<http://floridasharkman.org/>

<https://debugyourhealth.com/parasites-in-humans/#Parasite-Prevention>

<https://www.mycancerstory.rocks/>

<https://www.drugs.com/pro/moxidectin.html>

<https://search.nih.gov/search?affiliate=nih&query=parasites+and+cancer> - use the search bar to conduct additional queries such as fenbendazole and cancer or ivermectin and cancer

Online Calculator:

https://www.contrabandcures.com/Parasite_Protocol/

Video Discussion of Parasites:

<https://rumble.com/vuew8a-tka-live-parasite-cleanse-part-2-with-iet-and-ssgq.html>

Antidepressant Effects of Moxidectin, an Antiparasitic Drug, in a Rat Model of Depression:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6783392/>

Fenbendazole Research Paper:

<https://etd.auburn.edu/bitstream/handle/10415/5410/Final%20thesis%20edits%208-15-16.pdf?sequence=2>

Glioblastoma linked to T. Gondii (Toxoplasmosis):

<https://www.sciencedaily.com/releases/2021/01/210111084223.htm>

Ivermectin and Glioblastoma:

<https://www.osti.gov/biblio/22696697-anthelmintic-drug-ivermectin-inhibits-angiogenesis-growth-survival-glioblastoma-through-inducing-mitochondrial-dysfunction-oxidative-stress>

Major Enzymes Responsible for Metabolism of Albendazole and Fenbendazole in Human Liver Microsomes:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3811268/>

Unexpected antitumorigenic effect of fenbendazole when combined with supplementary vitamins:

<https://pubmed.ncbi.nlm.nih.gov/19049251/>